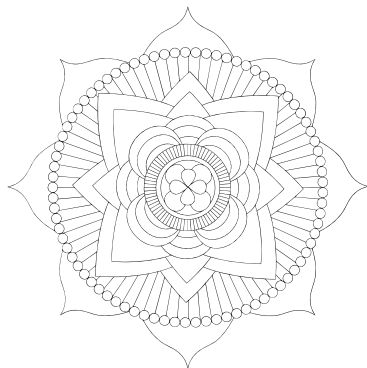


Steps to

Forgiveness

- *Acceptance*
- **Becoming
Understanding**
- *Forgiving Yourself First*
- **Forgiving Others**



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